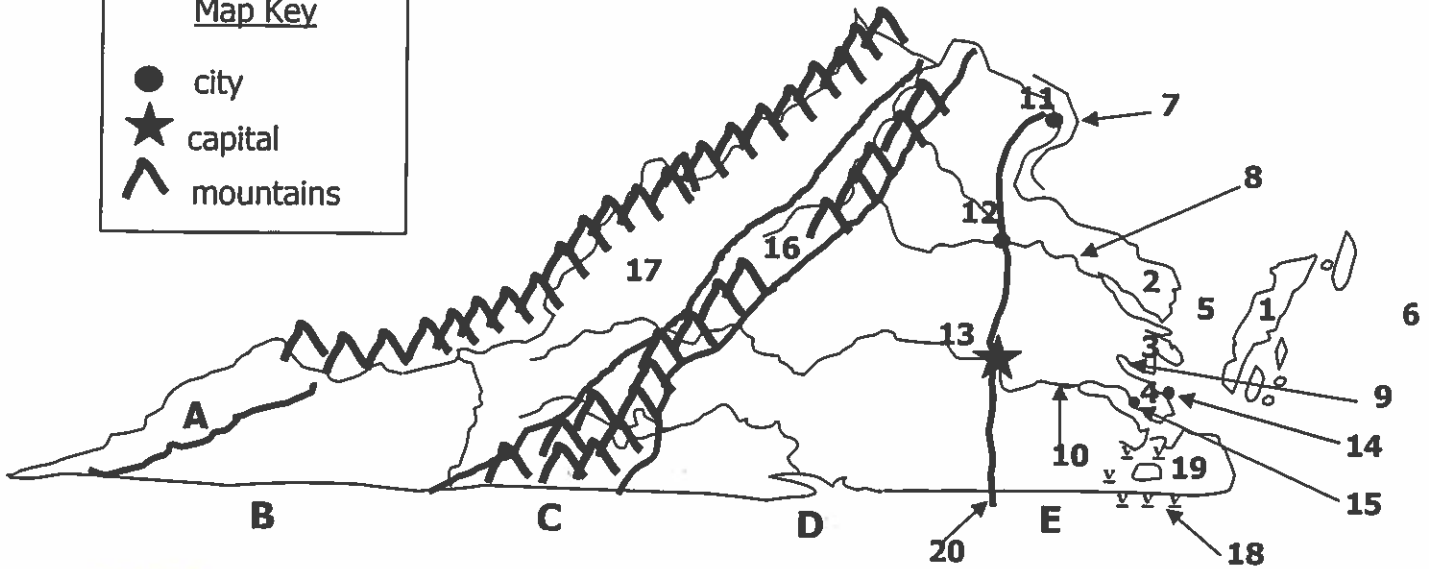


Virginia Regions Unit Review Study Guide

★Part 1: Use the words in the box to identify the places on the map of Virginia.

Map Key

- city
- ★ capital
- ^ mountains



Fall Line	Valley and Ridge	Appalachian Plateau	Piedmont	Dismal Swamp
James River	Coastal Plains (Tidewater)	Rappahannock River	York River	
Potomac River	Northern Neck	Middle Peninsula	Richmond	
The Peninsula	Alexandria	Chesapeake Bay	Blue Ridge Mountains	Atlantic Ocean
Great/ Shenandoah Valley	Blue Ridge Mountains	Yorktown		
Lake Drummond	Eastern Shore	Fredericksburg	Jamestown	

- A: Appalachian Plateau B: Valley and Ridge C: Blue Ridge Mountains
D: Piedmont E: Coastal Plains (Tidewater) 1: Eastern Shore
2: Northern Neck 3: Middle Peninsula 4: The Peninsula
5: Chesapeake Bay 6: Atlantic Ocean 7: Potomac River
8: Rappahannock River 9: York River 10: James River
11: Alexandria 12: Fredericksburg 13: Richmond
14: Yorktown 15: Jamestown 16: Blue Ridge Mountains
17: Great/ Shenandoah Valley 18: Dismal Swamp 19: Lake Drummond
20: Fall Line

★Part 3: Fill in the blanks with the region/landform that corresponds to the description provided.

Appalachian Plateau	Piedmont	Valley and Ridge	Coastal Plain (Tidewater)
Blue Ridge Mountains	Appalachian Mountains	Fall Line	

Piedmont

This region has rolling hills and is located west of the Fall Line.

Appalachian Mountains

This region is located in southwest Virginia and only a small part of it is located in Virginia.

Coastal Plain (Tidewater)

This region is located near the Atlantic Ocean and the Chesapeake Bay, east of the Fall Line, and is made up of flat land.

Valley and Ridge

This region is made up of ridges and valleys separated by the Blue Ridge Mountains and the Allegheny Mountains. It is located west of the Blue Ridge Mountains and includes a large area of land known as the Shenandoah/Great Valley.

Blue Ridge Mountains

This region is made up of old, rounded mountains. From a distance these mountains look blue. They are the source of many rivers because it rains on the mountains and the water flows down the mountains, creating rivers.

Appalachian Mountains

This is the name of the much larger mountain range that the mountains located in the Valley and Ridge (Allegheny Mountains) and the Blue Ridge Mountains are part of.

Fall Line

This is the natural border between the Coastal Plain (Tidewater) and Piedmont regions. Waterfalls created a barrier to river transportation, so many early settlers made their cities along this land feature.

☆Part 6: Label Virginia, its border states: Maryland, West Virginia, Kentucky, Tennessee, and North Carolina, and the major bodies of water: Chesapeake Bay and Atlantic Ocean, on the map below. Then circle mainland Virginia on the map below.



1. Which direction is North Carolina in relation to Virginia? South
2. Which direction is Maryland in relation to Virginia? Northeast
3. Which direction is Tennessee in relation to Virginia? Southwest
4. Which direction is West Virginia in relation to Virginia? Northwest
5. Which direction is Kentucky in relation to Virginia? West
6. What body of water separates mainland Virginia from the Eastern Shore? Chesapeake Bay
7. What body of water is located east of the Eastern Shore? Atlantic Ocean