

# Measuring Capacity

Another word for capacity is volume

Volume - the amount a container can hold.

## U.S. Customary Units of Capacity

Units	Items We Can Measure
cup (c)	lunch milk; ceramic coffee mug
pint (pt) = 2 cups	coffee creamer; olive oil
quart (qt) = 2 pt = 4 c	motor oil; big water bottles; joi
gallon (gal) = 4 qts = 8 pt = 16 c	windshield wiper fluid; milk; jug of sweet tea from Chickfil a swimming